



Shelia Bodie 2002

SHELIA BODIE A.K.A “SHOW DOG”

Like many others in the shag world I was born in a mill village where both my parents worked. This might be the reason for my nickname “Lint Head”.

I remember first seeing the dance at a place called Silver Lake on the weekends. I was the one propped on the jukebox, watching my older brother do the dance now called the Shag.

As time went on some of the places I enjoyed were, Fanny’s and Bo’s in Columbia, S.C. Then came SOS where I met Norfleet Jones, who became my partner in both the dance and life. He and I had so much fun dancing that we started competing. Many great times were had in Myrtle Beach, North Myrtle Beach, Atlanta and Anaheim California. I even won first place with that Womble boy in Charlotte.

Though the dancing has been wonderful, nothing has been as great as all the friendships and memories I have made and shared along the way. Now comes the ultimate thrill, my induction into the Hall of Fame.

Thanks for Everything!